



Sound Waves

A Monthly Newsletter from Save Our Sound

JANUARY 2025

Alliance News & Notes



Happy New Year from all of us at the Alliance!

I hope you had a joyful and healthy holiday season. As we welcome 2025, I wish you a year filled with happiness and good health. The start of a new year brings with it a renewed sense of optimism, and we at the Alliance are filled with hope as we look to the year ahead.

As we begin this new year, we are more determined than ever in our mission to protect and preserve Nantucket Sound. We are grateful for your continued support as we work toward the designation of Nantucket Sound as a National Historic

Landmark. With your help, we know that we can achieve this important goal and ensure the future of this extraordinary place for generations to come. Together, we will continue to make meaningful progress toward protecting Nantucket Sound and advocating for its recognition and preservation. Your dedication to this cause is what drives us forward, and we are deeply grateful for your partnership.

Here's to a year full of progress, hope, and success. We look forward to working with you in the year ahead, and we are excited for what we can accomplish together.

Warmly - **Audra Parker, President**

Discover Nantucket Sound



Winter Wonders of Nantucket Sound

As the winter season settles over Nantucket Sound, the quieter months offer an opportunity to experience its unique beauty. Here are a few must-visit spots to explore during the cold days of winter:

1. West Dennis Beach:

While many of Cape Cod's beaches empty out in the winter, West Dennis Beach remains a perfect location for winter solitude. The beach offers sweeping views of Nantucket Sound, with the opportunity to see migrating birds and winter wildlife in a serene setting.

2. Nantucket's Coskata-Coatue Wildlife Refuge:

This remote part of Nantucket offers an enchanting winter landscape, perfect for peaceful walks along the shoreline. The stark beauty of the dunes and salt marshes contrasts beautifully with the winter sky. It's a great spot for birdwatching, as many species migrate here during the colder months.

3. Hyannis Harbor:

For a winter view of Nantucket Sound that's full of charm, visit Hyannis Harbor. Stroll along the docks, enjoy views of the Sound's winter waters, and discover cozy local restaurants and galleries. The quiet of the harbor in winter makes for a reflective visit to this quaint part of Cape Cod.

4. Monomoy National Wildlife Refuge (Chatham):

Accessible by boat in warmer months, Monomoy's beaches and marshes are a tranquil destination during the winter. It's a great place to spot wintering shorebirds and seals along the coastline, with the added beauty of snowy dunes and quiet walking trails.

These locations offer a chance to connect with Nantucket Sound in a whole new way. Whether you're taking in the views, spotting wildlife, or simply enjoying the peacefulness of the off-season, winter around Nantucket Sound is a special experience.

Sound Spotlight



*This month, we put a spotlight on **Martha Powers**. Martha was born in Lexington, MA and moved with her mother and brother to Berkeley, CA as a teen. She received a Master's Degree in Library and Information Sciences at Rutgers University, and worked at UC Berkeley, Boston University, Multnomah County (the large county serving Portland, OR) among other public libraries as a librarian and technology trainer. She has always been a strong advocate for wildlife and wildlife habitat. She moved to live full time on the Cape in 2002. She's happy as long as there's an ocean nearby and an abundance of wild nature.*

1. What does Nantucket Sound mean to you?

I was less than a year old when my family first brought me to Cape Cod, and thus my roots were planted for a lifetime of visits, and eventually a year-round life here. My father bought a house overlooking Lewis Bay with Nantucket Sound in the distance. Walking the beaches with us, he taught us all about ocean life, especially the horseshoe crabs which he cherished. Being on the beaches of Nantucket Sound connects me to so many family memories spanning my whole life.

2. What are your favorite spots to visit around Nantucket Sound?

The whole family loved swimming in the ocean, and my favorite beaches were along Nantucket Sound where the water is gentle and just the right temperature. I most often visit Craigville, Seagull, and Smugglers beaches, especially in the off-season, as even on a cold, wintry day you can enjoy the vast Sound while sitting in your car.

3. Why do you support the efforts of the Alliance?

Nature nurtures us and for me, Nantucket Sound is where I go for inspiration, joy, peace, comfort, awe, whatever I need that day. That would be impossible to find with an ocean that was industrialized. We need nature to be natural and it's essential to protect it not only for our own well-being, but for all whose lives depend on it, now and for the future

4. What do you enjoy doing in your spare time?

Besides being out in nature, I'm involved in several groups that work to protect it and educate people about the increasing threats to our beautiful world and how to help prevent further degradation.

Help us preserve Nantucket Sound

Visit our website and sign the petition supporting the
Nantucket Sound Historic Landmark Act

PETITION. PRESERVE. PROTECT.

www.saveoursound.org/petition

[The Alliance to Protect Nantucket Sound](#)

[4 Barnstable Rd., Hyannis, MA 02601](#)

saveoursound.org

